



# LA GLÒRIA PASTISSERIA

DES DE 1976

CAFETERIA • OBRADOR  
ESPAI GOURMET



EN

## TOAST

made with our most Rustic bread

|                                   |               |
|-----------------------------------|---------------|
| Tomato and Extra Virgin Olive Oil | 2,7€/2u.      |
| Butter and jam                    | 2,7€/2u.      |
| With tomato and Iberian ham       | 7€/2u.        |
| <i>Special bread supplement</i>   | <b>+0,20€</b> |

## TOAST BIO made from organic stoneground flour & seeds

|   |          |
|---|----------|
| Fresh cheese, avocado, arugula & tomato   | 6€/2u.   |
| Turkey ham, avocado, arugula & tomato   | 6€/2u.   |
| "Vegan" avocado, arugula & tomato   | 4,9€/2u. |
| "Special Toast" with avocado, pomegranate and seeds. <i>Add-ons: Poached egg &gt; 1,5€ / Salmon &gt; 2,5€</i> | 4,9€/1u. |
| "Trinxat" Toast with El Prat eggs in mustard avocado and rocket leaves  | 5,9€/1u. |

## TOASTED SANDWICHES

|   |       |
|---|-------|
| "Traditional" ham & cheese  | 3,25€ |
| "Mallorquín" majorcan sausage pâte & cheese   | 3,25€ |
| "House special" artisan bread with truffle spread, serrano ham, cheese and a bechamel sauce         | 4,5€  |
| "3 cheese" toastie made with pan de cristal bread, Brie, cheddar and parmesan with glazed ham & egg | 4,5€  |

## CLUB SANDWICH

### VEGETABLE / 6,5€

Tuna, egg, baby leaf salad, tomato and mayonnaise

### CHICKEN / 8€

Chicken with fried egg, bacon, tomato, baby leaf salad and mayonnaise

### SALMON / 8€

Salmon, boiled egg, avocado, baby leaf salad and cream cheese

## CROISSANTS

Special delicious

|                              |       |
|------------------------------|-------|
| With butter and jam grilled  | 2,75€ |
| Sweet ham and cheese grilled | 3,5€  |
| Turkey, tomato and egg       | 4,5€  |

### VEGETABLE

tuna, egg, mezclum, tomato & mayonnaise

### SALMON

avocado, fresh cheese, salmon & arugula

## GLUTEN FREE



|   |      |
|---|------|
| Mini croissant / lactose free                       | 2,5€ |
| Rustic bread toast with tomato (2 u.)               | 3,5€ |
| Rustic bread toast with butter and marmalade (2 u.) | 3,7€ |

## HEALTHY

|   |      |
|---|------|
| Granola yogurt                                | 4,5€ |
| Seasonal fruit salad                          | 5,5€ |
| Açaí Bowl (blueberries with guarana & banana) | 6,5€ |
| New Bowl Big Banana (banana & strawberries)   | 6,5€ |

## CREPES, WAFFLES AND PANCAKES

|  |      |
|--|------|
| Chocolate and cream                    | 5,5€ |
| Blueberries and maple syrup            | 5,5€ |
| Seasonal fruits with chocolate & cream | 6,5€ |

### BREAKFAST HAMPER / 10,5€

Assortment of cold meats, serrano ham, turkey, brie, gouda, soft-boiled egg, mini granola bites, croissant, assortment of bread, grated tomato, butter and jam

### BRUNCH HAMPER / 12,5€

Avocado on toast, salmon, egg benedict, fruit salad, yogurt granola, croissant with butter and jam

## BREAKFAST AND LUNCH

### ENGLISH BREAKFAST / 9,5€

Sausage, bacon, fried eggs, baked beans, toast and butter

### CONTINENTAL BREAKFAST / 8€

Fried eggs with bacon, a slice of bread and mini croissants

### BENEDICT EGGS / 7,95€

Multigrain bread, bacon and poached eggs served with Hollandaise sauce & salad leaves

### ROYALE EGGS / 8,5€

Multigrain bread with smoked salmon and poached eggs with sauce Hollandaise & salad leaves

### STRAPAZZATA EGGS / 8,5€

Scrambled eggs with salmon and mixed young salad leaves

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## BAGUETTES & RUSTIC BREAD

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### HOT BAGUETTES / 5,5€

Baguette with tomato and olive oil  
Pork loin, sausage, chicken, bacon or "tortilla" to taste

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### BAGUETTES

Ham / Turkey / Cured serrano ham / Vic sausage  
"Butifarra blanca" / Tuna / Dutch or Manchego cheese

SMALL > 2,75€ | BIG > 3,5€

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### CURED IBERIAN HAM

SMALL > 5,5€ | BIG > 7€

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### VEGETABLE

Tuna, egg, mesclun, tomato and mayonnaise

SMALL > 2,9€ | BIG > 3,9€

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### RUSTIC BREAD

Artisan rustic bread topped with tomato

COLD > 7€/2u.

Manchego cheese / Cured serrano ham  
Vic sausage / Fuet sausage from Vic

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HOT > 9€/2u.

Pork loin with cheese  
Pork loin with bacon & cheese  
Chicken with bacon and cheese  
Mojà sausage (Penedès)

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"Escalibada" > 5€/1u.

Aubergine and roasted peppers  
with tuna or anchovies

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*Extra ingredient: Onion or olives > +0,5€ / Cheese or anchovies > +0,8€ / Bacon > +1€  
Egg or avocado > +1,5€ / Smoked salmon > +2,5€*



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## BRUNCH

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FROM  
12H  
PM

### BURGERS

100% beef from "MIGUEL VERGARA" without preservatives

Milano / 8,5€

Beef tenderloin "Black Angus", heart of gorgonzola, gouda and caramelized onion

Piamontesa / 7,5€

Free-range chicken with cheddar cheese, crispy bacon, caramelized onions and avocado

New Orleans / 8,5€

Beef tenderloin "Black Angus" with bacon and a fried egg

Vegan Burguer / 7,5€

Legume and vegetable burger with tomato and lettuce

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### OUR SALADS / 7,5€

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#### SALMON

Smoked salmon, avocado, fresh cheese, walnuts, cherry tomatoes and baby leaf salad

#### GOAT CHEESE

Goat cheese, crispy bacon, nuts and mesclun

#### TUNA BELLY

Tuna belly, tomato, spring onion and baby leaf salad

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### PAN DE CRISTAL BREAD WITH

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CURED IBERIAN HAM "bellota" / 10,5€

ASSORTMENT OF IBERIAN HAM  
+ MANCHEGO CHEESE / 12,5€

MANCHEGO CHEESE / 8€

Cantabrian ANXOVIES / 10,5€

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## VERMOUTHS

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1 > Glass of house vermouth or a small draught beer with stuffed olives & crisps 4,5€

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2 > Glass of wine with a tuna-stuffed egg, tapas skewers and crisps 5,5€

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3 > Glass of cava with a small slice of baguette topped with salmon & cream cheese 6€

Chips / crisps 1,5€

Stuffed Olives 2€

Marinated mussels 3,2€

Razor clams 4,9€

Cockles 6,5€



## SMOOTHIES

100% NATURAL FRUIT / 5€

1. Papaya, mango & pineapple 2. Strawberry & banana 3. Mango, pineapple, melon & kiwi

Natural orange juice / 2,75€

Granini juices / 1,8€

Lemon Infusion Detox / 2€

## COFFEE & DRINKS

### COFFEE

|                                       |       |
|---------------------------------------|-------|
| Espresso                              | 1,3€  |
| Espresso with a splash of milk        | 1,4€  |
| Milk coffee                           | 1,6€  |
| Milk coffee XL                        | 2,3€  |
| Americano                             | 1,5€  |
| Capuccino                             | 1,95€ |
| Bombón / Espresso with condensed milk | 1,8€  |
| Chocolate milk                        | 1,9€  |
| Cacaolat / Chocolate milkshake        | 1,9€  |

|                                   |      |
|-----------------------------------|------|
| CHAI LATTE spices, vanilla, green | 2,6€ |
| CHAI LATTE matcha                 | 2,6€ |

|                 |      |
|-----------------|------|
| Latte Macchiato | 2,3€ |
| Caramel Latte   | 2,6€ |
| Mocha latte     | 2,6€ |
| Viennese coffee | 2,8€ |
| Coffee Delice   | 2,8€ |
| Mocha           | 2,5€ |
| Swiss           | 2,8€ |

|               |      |
|---------------|------|
| Hot chocolate | 2,5€ |
|---------------|------|

### FRAPPÉS / 5€

|         |           |
|---------|-----------|
| Coffee  | Chocolate |
| Caramel | Vanilla   |

### INFUSIONS / 1,8€

Chamomile / Pennyroyal mint / Linden blossom...

We have lactose-free, vegetable and skimmed

### DRINKS

|                          |      |
|--------------------------|------|
| Mineral water > 25cl.    | 1,2€ |
| Sparkling water > 33 cl. | 2€   |
| Coca cola                | 2€   |
| Fanta orange / lemon     | 2€   |
| Nestea                   | 2€   |
| Aquarius                 | 2€   |
| Schweppes Tonic          | 2€   |
| Bitter Kas               | 2€   |

### BEER

|   |              |
|---|--------------|
| Estrella (draught) > 33 cl.               | 1,8€         |
| Estrella (draught) > 20 cl.               | 1,6€         |
| Voll Damm > 33 cl.                        | 2,1€         |
| Free Damm 0,0% > 33 cl.                   | 1,8€         |
| Shandy / Beer with lemonade > 33 cl.      | 1,8€         |
| Clara / Beer with sparkling soda > 33 cl. | 1,8€         |
| Sangría :                                 | 1 glass > 3€ |
|   | ½ liter > 5€ |
|   | 1 liter > 9€ |

### COLD TEAS / 4€

Natural / Peach / Raspberry

### BIO TEAS / 2€

Earl Grey / English breakfast / Red rooibos  
Bai mu daN blanco / Tropical green

### Fruit and Herbal teas

Lemon and ginger / Forest Fruits  
Cinnamon Dreams / Rooibos Copacabana  
Green and red with fruits

## WINES

|                                | 100 ml | 150 ml | botella |
|--------------------------------|--------|--------|---------|
| Verdejo white "Ramón Bilbao"   | 1,8€   | 2,3€   | 11€     |
| Garnacha rosé "Palacio Sada"   | 1,8€   | 2,3€   | 9 €     |
| Garnacha, mazuela & Syrah      | 1,9€   | 2,5€   | 15 €    |
| "Les Sorts Jove" > DO Montsant | 1,9€   | 2,5€   | 15 €    |
| Tempranillo red "Ramón Bilbao" | 1,9€   | 2,5€   | 15 €    |
| Cava                           |        | 2,5€   | 15 €    |



**Miami-Platja**

TARRAGONA

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